

How Does It Work?

You'll need to ring and make an appointment.

Through a skilled combination of the following, we will assess your problem:

- we thoroughly run through your health history
- conduct nerve and muscle tests
- we produce onsite images of your bones and joints if clinically necessary
- we check your leg lengths and posture
- we examine the area of your complaint as well as your upper neck region

Nothing Scary!

Your New Era Chiropractic practitioner will;

1. determine whether we can or cannot help you
2. develop a plan and explain how things work
3. explain how much it will cost
4. estimate how long it will take
5. give you some reading materials to further understand your condition

New Era Chiropractic takes pride in sharing knowledge with our valued patients

– we'll keep you fully informed on how you are progressing.

Upon completion of these exams, a diagnosis will be made and reported to you (and any other doctor you require).

An AO chiropractic adjustment may be an alternative to drugs or surgery, or actually assist if you must undergo medical procedures.

Chiropractic is not a substitute for medical care, or a cure, but a specialised way of helping you to further optimise your health and wellbeing.



CHIROPRACTIC

"THE KEYSTONE TO OPTIMAL HEALTH & WELLBEING"

70-72 Loudon Street
Sandgate 4017
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North Lakes 4509
1300 950 058

Practice Hours:

Monday to Friday

Late night appointments available

See website for details

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newera Chiropractic

A CHIROPRACTIC APPROACH TO
WELLNESS WITHOUT MANUAL MANIPULATION



SMALL BUSINESS
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If You or Your Child Suffer from...

- Back or neck pain
- Headaches, earaches, or jaw problems
- Foot, knee or hip problems
- Tight muscles
- Bad posture
- Feeling "Out of balance"
- Bowel dysfunction
- Chronic crying
- Bedwetting
- Recurrent infections
- Or other persistent conditions

Help is at hand/relief may be possible.

About your Body

-why visit a chiropractor?

The most important systems in your body are the brain and the spine cord.

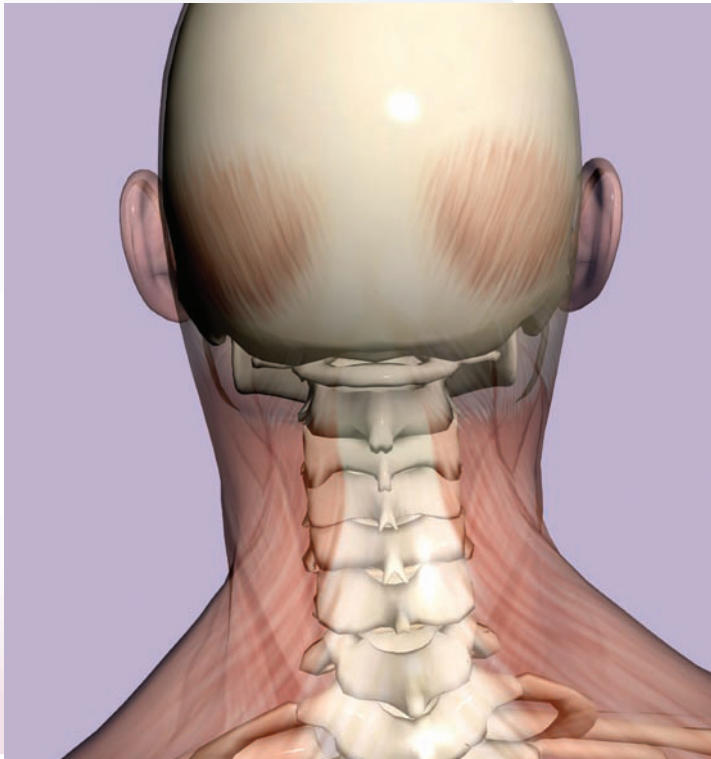
That is why they are the only two tissues in your body entirely encased in bone for their protection.

Because all of your nerves interconnect in or throughout the brain and / or spinal cord, any problems in your spine can affect a variety of areas of your body.

To ensure your nervous system is functioning at its optimum level your spine must be in balance.

New Era Chiropractors will examine you to find out if an imbalance is causing your problem.

At New Era Chiropractic we combine the latest techniques and technology with over one hundred years of chiropractic history to provide you with the very best chiropractic care.



How can Chiropractic care affect the conditions listed on the front of this brochure?

Since every cell, tissue and organ in your body is interconnected and controlled by the nervous system, each of these complaints may actually originate elsewhere in the body.

As the upper neck area is the most moveable region in the spine, it is also the most likely to become out of alignment, thereby effecting vital nerve functions.

Chiropractors acknowledge that the upper neck area is the most influential in the nervous system, outside the brain. The first vertebra in your upper neck area is called the Atlas, which is the key to proper body function.

If it moves out of alignment a weakness can be caused. Often you will notice changes in your posture, tightening muscles and/or inflammation in and around the affected joints causing pain and discomfort. This is how problems can start.

The primary cause for this weakness stems from the effects of gravity on the body and the body's attempt to overcome gravity. Upper cervical chiropractors often find that it ultimately shows up as the upper neck out of alignment.

Our body will naturally attempt to keep your eyes level with the horizon and your heads' weight centred over your body.

Chiropractors use gentle specific techniques to restore proper spinal & body function, promoting wellbeing.

Please note: there are no extensive scientific trials showing that chiropractic practices "cures" any disease. There is, however, a century of clinical evidence showing that chiropractic care has helped many people and is based on a sound, structured and disciplined approach founded in accredited university education. Also note that not all conditions will respond to adjusting structural balance with chiropractic care alone.

Why New Era Chiropractic -The Atlas Orthogonal Technique

New Era Chiropractic uses the Atlas Orthogonal Technique(AO).

AO is a chiropractic technique that specializes in the diagnosis and correction of improper neck function. This technique has been researched and developed for over fifty years.

New Era Chiropractic practitioners do 200 hours of additional post graduate study on the upper spine over and above their university degree.

New Era Chiropractic may offer you an approach to your problems not duplicated by other health professionals.

We have specialist equipment to monitor muscle tone, blood flow to muscles and range of motion

Relief without manual manipulation, drugs or surgery.

No twisting, popping or grinding, New Era Chiropractors use a special percussive instrument that uses a small wave of vibration specifically directed towards the atlas misalignment.

At New Era Chiropractic:

- we don't just treat symptoms
- we are trained to diagnose and effectively manage your condition
- we don't guarantee anything we cannot deliver
- if conditions persist, without change, another form of chiropractic care or healthcare will be advised
- no referral is needed